

VOLUME 18 ISSUE 4

BORO PARK

מרכז ד'בורא פארק



Summer 2018 Program Guide

2018 SUMMER MEMBERSHIP

SUNDAY, JUNE 24TH - FRIDAY SEPTEMBER 7TH

Individual Adult: \$210 • **Family:** \$325

Student: \$99 • **Child/Youth:** \$79

Senior Adult: \$89

A) Full payment required at time of registration.

B) No Fee Adjustments. C) Insurance & Registration Fee included

D) "Three Weeks", July 1 - July 22; Nine Days July 213 - July 22

HIGH SCHOOL DIPLOMA IS NOW WITHIN YOUR REACH! NATIONAL EXTERNAL DIPLOMA PROGRAM

High School Level skills - Get a traditional High School Diploma

Life experience counts • Self Directed - Flexible Schedule

Career Readiness most Important

Must be 18 years of age and older and have a 9th Grade reading level

Call for information, registration and testing!

The Best Alternative to the Standard High School Equivalency Program

BORO PARK YM-YWHA MERCAZ D'BORO PARK • 4912 14TH AVENUE • BROOKLYN, NEW YORK 11219

TEL: (718) 438-5921 • FAX: (718) 871-7336 • WEBSITE: WWW.BOROPARKY.ORG

Swim & Gym Schedule

BORO PARK Y SUMMER SCHEDULE Effective June 24 - September 7, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEN & HS BOYS Open Swim 7:30 - 10:30 am	WOMEN Open Lap Swim 7:15 - 8:00 am	MEN Open Swim 7:30 - 10:30 am	WOMEN Open Lap Swim 7:15 - 8:00 am	WOMEN Open Swim 7:15 - 10:00 am	MEN Open Swim 7:30 - 11:00 am
FATHER AND SON Open Swim 9:30 - 11:00 am	WOMEN Open Swim 8:00 - 11:00 am		WOMEN Open Swim 8:00 - 11:00 am	WOMEN Open Lap Swim 10:00 - 11:00 am	
WOMEN Open Swim 12:00 - 1:00 pm	WOMEN Open Lap Swim 11:00 - 11:30 am	GIRLS Swim Instruction 4:45 - 5:30 pm	WOMEN Open Lap Swim 11:00 - 11:30 am		Small Pool Hours WOMEN Monday Wednesday Thursday 9:00 - 11:15am Tuesday & Thursday 7:30 - 10:00pm MEN Monday & Wednesday 7:30 - 10:00 pm Sunday Tuesday Friday 8:30 - 10:30am POOL HOURS STRICTLY ENFORCED SUBJECT TO AVAILABILITY OF LIFEGUARDS
		GIRLS Open Swim 5:30 - 6:30 pm	WOMEN Swim Instruction 11:30 - 12:00noon	GIRLS Open Swim 5:30 - 6:30 pm	
GIRLS Open Swim 1:15 - 3:00pm	BOYS Swim Instruction 6:00 - 6:50 pm	HS GIRLS Open Swim 6:30 - 7:30 pm		HS GIRLS Open Swim 6:30 - 7:30 pm	
	BOYS Open Swim 7:00 - 8:00 pm	WOMEN Swim Instruction 7:15 - 8:00 pm	BOYS Open Swim 7:00 - 8:00 pm	WOMEN Open Swim 7:30 - 9:30 pm	
	HS BOYS & MEN Open Swim 7:00 - 10:30 pm	WOMEN Open Swim 7:30 - 9:30 pm	MEN Open Swim 7:00 - 10:30 pm	WOMEN Open Lap Swim 9:30 - 10:45 pm	

GYM & FITNESS FACILITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEN Open Gym 8:00 - 11:00 am		MEN Fitness Facility 7:30 - 10:30 am		WOMEN Fitness Facility 8:00 - 11:30 am	MEN Fitness Facility 7:30 - 11:00 am
MEN Fitness Facility 7:30 - 11:00 am	WOMEN Fitness Facility 7:30 - 11:30 am	WOMEN & HS GIRLS Exercise Class 7:45 - 8:45 pm Fitness Facility 7:00 - 10:00 pm	WOMEN Fitness Facility 7:30 - 11:30 am	WOMEN & HS GIRLS Exercise Class 7:45 - 8:45 pm Fitness Facility 7:00 - 10:00 pm	
	WOMEN Morning Workout 10:00 - 10:45 am Step Class 11:30 - 12:30 pm		WOMEN Morning Workout 10:00 - 10:45 am Step Class 11:30 - 12:30 pm		
	MEN Fitness Facility 6:00 - 10:00 pm Open Gym 7:00 - 10:30 pm	WOMEN Open Gym 8:30 - 10:30 pm	MEN Fitness Facility 6:00 - 10:30 pm Open Gym 7:00 - 10:30 pm	WOMEN Open Gym 8:30 - 10:30 pm	

••• ADULT SPECIAL INTEREST CLASSES •••

BASIC DRAWING*

CHAVA ROTH

A workshop exploring the elements of drawing. Learn how an artist views the world and puts it down on paper.

5TD1 Tuesday, July 3 - August 21 Fee: M-\$120/NM-
M- \$145 /NM- \$175 (8 Sessions) 10:00 - 12:30 pm

OIL PAINTING*

CHAVA ROTH

For all Levels. Work on individual projects, Technics and critiques.

5TD2 Tuesday July 3 - August 21
Fee: M-\$145/NM-\$175 (8 Sessions) 12:45 - 3:15 pm

OIL PAINTING*

CHAVA ROTH

For all Levels. Work on individual projects, Technics and critiques.

5WD1 Wednesday July 11 - August 29
Fee: M-\$145/NM-\$175 (8 Sessions) 10:00 - 12:30 pm

OIL PAINTING*

CHAVA ROTH

For all Levels. Work on individual projects, Technics and critiques.

5WD2 Wednesday July 11 - August 29
Fee: M-\$145/NM-\$175 (8 Sessions) 12:45 - 3:15 pm

ART WORKSHOP*

CHAVA ROTH

Basic drawing, water and oils are explored. Media dependent on groups interest.

5TE1 Wednesday July 11 - August 29
Fee: M-\$145/NM-\$175 (8 Sessions) 7:00 - 9:30 pm

ZUMBA WITH TAMARA

5ZU1 Friday 10:00 - 10:45am

June 29 - September 7 • No Class July 20

Fee: M-\$100/NM-\$135

Drop in Class \$15

BORO PARK SENIOR CENTER

Judy Liff, *Director* • Hindy Gertner, *Program Assistant* (718) 435-3804

• Monday thru Friday 9:00 am - 4:30 pm •

For all Community Member 60 and Above

• Classes in Yoga - Chair and Mat • Chair Dancing with Shulamis

come in
and
join us!

• Morning Stretch • Trips and more

and by the way we have a daily lunch also

FUNDED BY NEW YORK CITY DEPARTMENT FOR THE AGING

CLUB NISSIM

Club Nissim is a Day Program for Holocaust Survivors, and is open for men and women who are Survivors of the Shoah. It meets Monday, Tuesday, Wednesday and Thursday beginning at 10:00 am . Club Nissim was so named by its members in recognition of their miraculous survival, & it is a dynamic program where participants can explore a wide variety of stimulating activities in a cheerful & friendly environment. "The Circle" offers special programs and services for members of Club Nissim members who are in need of additional support and supervision. Limited transportation to and from the Y is available free of charge.

Join Club
Nissim and
Get a New
Lease on
Life!

Visit us, & you will discover many dear, familiar faces! This is also the place to make fresh connections & find new friends! Members are encouraged to browse & select among the many varied activities or to simply drop in for a cup of coffee & a schmooze!

SIMONNE HIRSCHHORN
Program Director

ESTHER GROSSMAN
Program Assistant

"Club Nissim" is supported by grants from the Conference on Jewish Material Claims against Germany and the NYC Council Eli Weisel Holocaust Survivor Initiative and UJA/Federation of NY.

SWIM INSTRUCTION CLASSES

8 Sessions • Y members only Fee \$95.00 • No Classes during the Nine Days

WOMEN:

7TE1 Tuesday
June 26 – August 21
7:15 – 8:00 pm
7WD1 Wednesday
June 27 - August 22
11:30 – 12:00 noon

GIRLS:

7GT1 Tuesday
June 26 – August 21
4:45- 5:30 pm

BOYS:

7BW1 Monday
June 25 – August 20
6:00- 6:50 pm

SAUNA, WHIRLPOOL & STEAMROOM

WOMEN

Monday & Wednesday7:30 - 12:00 pm
Tuesday7:30 - 10:00 pm
Thursday8:00 - 11:00 am
.7:30 - 10:00 pm

MEN

Sunday7:30 - 11:00 am
Monday & Wednesday6:00 - 10:00 pm
Tuesday7:30 - 10:30 am
Friday7:30 - 11:00 am

FITNESS FACILITY

WOMEN

Monday & Wednesday8:30 - 11:30 am
Tuesday & Thursday8:15 - 10:00 pm
Thursday8:30 - 11:30 am

MEN & HS BOYS

Sunday & Friday7:30 - 11:00 am
Tuesday7:30 - 10:30 am
Monday & Wednesday7:00 - 10:30 pm

HS GIRLS

Tuesday & Thursday7:00 - 8:00 pm

AQUADYNAMICS WATER EXERCISE

WOMEN

Monday & Wednesday 9:30 - 10:15 am
Tuesday & Thursday 8:30 - 9:00 pm



UJA/FEDERATION OF NEW YORK
IS A MAJOR CONTRIBUTOR OF THE BORO PARK Y AND OTHER BORO
PARK SOCIAL SERVICE AND EDUCATIONAL INSTITUTIONS. YOUR GIFT
TO THIS ANNUAL CAMPAIGN MEANS RESPONDING TO JEWISH POVERTY
IN NEW YORK, EUROPE AND ISRAEL.

BUILDING SCHEDULE

Sunday June 24SUMMER SCHEDULE BEGINS
Sunday July 1 The 17th of Tammuz SY Closed
Wednesday July 4Y Open
Friday July 13 - July 22Nine Days Y Pool closed.
Gym Fitness facility, Steam Room, Sauna and spa open.
Sunday July 15Y Closed
Sunday July 22Tisha B'Av Y Closed
Monday July 23Y Open, Pool Opens in morning
Monday September 3Labor Day Y Open