

VOLUME 21 ISSUE 4

BORO PARK

מרכז ד'בורא פארק



Summer 2021 Program Guide

2021 SUMMER MEMBERSHIP

MONDAY, JUNE 28TH - SUNDAY SEPTEMBER 5TH

Individual Adult: \$210 • **Family:** \$325

Student: \$99 • **Child/Youth:** \$79

Senior Adult: \$89

- A) Full payment required at time of registration.
- B) No Fee Adjustments. C) Insurance & Registration Fee included
- D) "Three Weeks", June 2- July 20; Nine Days July 10 - July 18

SHULAMIS SPUTZ LINE AND ISRAELI DANCING

INTERMEDIATE AND ADVANCED ONLY
Class size is limited register in Advance

DAY CLASS: TUESDAY 10-12 • JULY 27-AUGUST 24

NIGHT CLASSES: MONDAY & WEDNESDAY

8-10PM • JULY 26-AUGUST 25

FEE: \$180 • SINGLE SESSION \$15

Swim & Gym Schedule

BORO PARK Y SUMMER SCHEDULE Effective June 28 - September 3, 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEN & HS BOYS Open Swim 7:30 - 10:30 am	WOMEN Open Lap Swim 7:15 - 8:00 am	MEN Open Swim 7:30 - 11:00 am	WOMEN Open Lap Swim 7:15 - 8:00 am	WOMEN Open Swim 7:15 - 10:00 am	MEN Open Swim 7:30 - 11:00 am
FATHER AND SON Open Swim 9:30 - 11:00 am	WOMEN Open Swim 8:00 - 11:00 am		WOMEN Open Swim 8:00 - 11:00 am	WOMEN Open Lap Swim 10:00 - 12:30 am	
WOMEN Open Swim 12:00 - 1:00 pm	WOMEN Open Lap Swim 11:00 - 12:30 am	GIRLS Swim Instruction 4:45 - 5:30 pm	WOMEN Open Lap Swim 11:00 - 11:30 am		Small Pool Hours WOMEN Monday Wednesday Thursday 9:00 - 11:15am Tuesday & Thursday 7:30 - 10:00pm MEN Monday & Wednesday 7:30 - 10:00 pm Sunday Tuesday Friday 8:30 - 10:30am POOL HOURS STRICTLY ENFORCED SUBJECT TO AVAILABILITY OF LIFEGUARDS
GIRLS Open Swim 1:15 - 3:00 pm		GIRLS Open Swim 5:30 - 6:30 pm	WOMEN Swim Instruction 11:30 - 12:00noon	GIRLS Open Swim 5:30 - 6:30 pm	
MOTHER DAUGHTER OPEN SWIM 2:30 - 3:00pm		HS GIRLS Open Swim 6:30 - 7:30 pm	BOYS Swim Instruction 6:00 - 6:50 pm	HS GIRLS Open Swim 6:30 - 7:30 pm	
	BOYS Open Swim 7:00 - 8:00 pm	WOMEN Swim Instruction 7:15 - 8:00 pm	BOYS Open Swim 7:00 - 8:00 pm	WOMEN Open Swim 7:30 - 9:30 pm	
	HS BOYS & MEN Open Swim 7:00 - 10:30 pm	WOMEN Open Swim 7:30 - 9:30 pm	MEN Open Swim 7:00 - 10:30 pm	WOMEN Open Lap Swim 9:30 - 10:45 pm	

GYM & FITNESS FACILITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEN Open Gym 8:00 - 11:00 am	WOMEN Fitness Facility 7:30 - 11:30 am	MEN Fitness Facility 7:30 - 10:30 am	WOMEN Fitness Facility 7:30 - 11:30 am	WOMEN Fitness Facility 8:00 - 11:30 am	MEN Fitness Facility 7:30 - 11:00 am
MEN Fitness Facility 7:30 - 11:00 am	WOMEN Morning Workout 10:00 - 10:45 am Step Class 11:30 - 12:30 pm	WOMEN & HS GIRLS Exercise Class 7:45 - 8:45 pm Fitness Facility 7:00 - 10:00 pm	WOMEN Morning Workout 10:00 - 10:45 am Step Class 11:30 - 12:30 pm	WOMEN & HS GIRLS Exercise Class 7:45 - 8:45 pm Fitness Facility 7:00 - 10:00 pm	
	MEN Fitness Facility 6:00 - 10:00 pm Open Gym 7:00 - 10:30 pm	WOMEN Open Gym 8:30 - 10:30 pm	MEN Fitness Facility 6:00 - 10:30 pm Open Gym 7:00 - 10:30 pm	WOMEN Open Gym 8:30 - 10:30 pm	

••• ADULT CLASSES •••

BASIC DRAWING*

CHAVA ROTH

A workshop exploring the elements of drawing. Learn how an artist views the world and puts it down on paper.

5TD1 Tuesday, July 6 - August 24

Fee: M-M- \$145/NM- \$175 (8 Sessions) 10:00 - 12:30 pm

OIL PAINTING*

CHAVA ROTH

For all Levels. Work on individual projects, Technics and critiques

5TD2 Tuesday July 6 - August 24

Fee: M-\$145/NM-\$175 (8 Sessions) 12:45 - 3:15 pm

OIL PAINTING*

CHAVA ROTH

For all Levels. Work on individual projects, Technics and critiques.

5WD1 Wednesday July 7 - August 25

Fee: M-\$145/NM-\$175 (8 Sessions) 10:00 - 12:30 pm

OIL PAINTING*

CHAVA ROTH

For all Levels. Work on individual projects, Technics and critiques.

5WD2 Wednesday July 7 - August 25

Fee: M-\$145/NM-\$175 (8 Sessions) 12:45 - 3:15 pm

ART WORKSHOP*

CHAVA ROTH

Basic drawing, water and oils are explored. Media dependent on groups interest.

5WE1 Wednesday July 7 - August 25

Fee: M-\$145/NM-\$175 (8 Sessions) 7:00 - 9:30 pm

ZUMBA WITH TAMARA

5ZU1 Friday 10:00 - 10:45am

June 25 - Sept. 3 • No Class July 16

Fee:M-\$100/NM-\$125 Drop in Class \$15

KINSTRETCH

5KU1 Friday 9:00 - 10:00am

June 25 Sept. 3 • Fee:M-\$100/NM-\$125

BORO PARK SENIOR CENTER

Judy Liff, *Director* • Hindy Gertner, *Program Assistant* (718) 435-3804

• Monday thru Friday 9:00 am - 4:30 pm •

For all Community Member 60 and Above

• Classes in Yoga - Chair and Mat • Chair Dancing with Shulamis

• Morning Stretch • Trips and more

and by the way we have a daily lunch also

come in
and
join us!

FUNDED BY NEW YORK CITY DEPARTMENT FOR THE AGING

CLUB NISSIM

Club Nissim is a Day Program for Holocaust Survivors, and is open for men and women who are Survivors of the Shoah. It meets Monday, Tuesday, Wednesday and Thursday beginning at 10:00 am . Club Nissim was so named by its members in recognition of their miraculous survival, & it is a dynamic program where participants can explore a wide variety of stimulating activities in a cheerful & friendly environment. "The Circle" offers special programs and services for members of Club Nissim members who are in need of additional support and supervision. Limited transportation to and from the Y is available free of charge.

Visit us, & you will discover many dear, familiar faces! This is also the place to make fresh connections & find new friends! Members are encouraged to browse & select among the many varied activities or to simply drop in for a cup of coffee & a schmooze!

SIMONNE HIRSCHHORN
Program Director

ESTHER GROSSMAN
Program Assistant

YOSEF CHESNY
Social Worker

Join Club
Nissim and
Get a New
Lease on
Life!

SWIM INSTRUCTION CLASSES

8 Sessions • Y members only Fee \$95.00 • No Classes during the Nine Days

WOMEN:

7TE1 Tuesday
June 29 – August 24
7:15 – 8:00 pm
7WD1 Wednesday
June 30 – August 25
11:30 – 12:00 noon

GIRLS:

7GT1 Tuesday
June 29 – August 24
4:45- 5:30 pm

BOYS:

7BW1 Wednesday
June 30 – August 25
6:00- 6:50 pm

SAUNA & STEAMROOM

Will Reopen according to NYC Regulations

WOMEN

Monday & Wednesday7:30 - 12:00 pm
Tuesday7:30 - 10:00 pm
Thursday8:00 - 11:00 am
.....7:30 - 10:00 pm

MEN

Sunday7:30 - 11:00 am
Monday & Wednesday6:00 - 10:00 pm
Tuesday7:30 - 10:30 am
Friday7:30 - 11:00 am

FITNESS FACILITY

WOMEN

Monday & Wednesday8:30 - 11:30 am
Tuesday & Thursday8:15 - 10:00 pm
Thursday8:30 - 11:30 am

MEN & HS BOYS

Sunday & Friday7:30 - 11:00 am
Tuesday7:30 - 10:30 am
Monday & Wednesday7:00 - 10:30 pm

HS GIRLS

Tuesday & Thursday7:00 - 8:00 pm

AQUADYNAMICS WATER EXERCISE

WOMEN

Monday & Wednesday 9:30 - 10:15 am
Tuesday & Thursday 8:30 - 9:00 pm



UJA/FEDERATION OF NEW YORK

IS A MAJOR CONTRIBUTOR OF THE BORO PARK Y AND OTHER BORO PARK SOCIAL SERVICE AND EDUCATIONAL INSTITUTIONS. YOUR GIFT TO THIS ANNUAL CAMPAIGN MEANS RESPONDING TO JEWISH POVERTY IN NEW YORK, EUROPE AND ISRAEL.

BUILDING SCHEDULE

Monday June 28SUMMER SCHEDULE BEGINS
Sunday July 4Y Open
Sunday July 11- July 18Nine Days Y Pool closed.
Gym Fitness facility, Steam Room, Sauna and spa open.
Sunday July 11Y Closed
Sunday July 18Tisha B'Av Y Closed
Monday September 6Labor Day, Erev Rosh Hashana
Y Closed