

VOLUME 18 ISSUE 4

# BORO PARK

## מרכז ד'בורא פארק



## Summer 2019 Program Guide

### 2019 SUMMER MEMBERSHIP

SUNDAY, JUNE 23RD - FRIDAY SEPTEMBER 2ND

**Individual Adult:** \$210 • **Family:** \$325

**Student:** \$99 • **Child/Youth:** \$79

**Senior Adult:** \$89

*A) Full payment required at time of registration.*

*B) No Fee Adjustments. C) Insurance & Registration Fee included*

*D) "Three Weeks", July 21 - August 11; Nine Days August 2 - August 11*

### HIGH SCHOOL DIPLOMA IS NOW WITHIN YOUR REACH! NATIONAL EXTERNAL DIPLOMA PROGRAM

High School Level skills - Get a traditional High School Diploma

Life experience counts • Self Directed - Flexible Schedule

Career Readiness most Important

Must be 18 years of age and older and have a 9th Grade reading level

Call for information, registration and testing!

The Best Alternative to the Standard High School Equivalency Program

BORO PARK YM-YWHA MERCAZ D'BORO PARK • 4912 14TH AVENUE • BROOKLYN, NEW YORK 11219

TEL: (718) 438-5921 • FAX: (718) 871-7336 • WEBSITE: WWW.BOROPARKY.ORG

# Swim & Gym Schedule

## BORO PARK Y SUMMER SCHEDULE Effective June 23 - September 2, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEN &amp; HS BOYS</b> Open Swim 7:30 - 10:30 am	<b>WOMEN</b> Open Lap Swim 7:15 - 8:00 am	<b>MEN</b> Open Swim 7:30 - 10:30 am	<b>WOMEN</b> Open Lap Swim 7:15 - 8:00 am	<b>WOMEN</b> Open Swim 7:15 - 10:00 am	<b>MEN</b> Open Swim 7:30 - 11:00 am
<b>FATHER AND SON</b> Open Swim 9:30 - 11:00 am	<b>WOMEN</b> Open Swim 8:00 - 11:00 am		<b>WOMEN</b> Open Swim 8:00 - 11:00 am	<b>WOMEN</b> Open Lap Swim 10:00 - 11:00 am	
<b>WOMEN</b> Open Swim 12:00 - 1:00 pm	<b>WOMEN</b> Open Lap Swim 11:00 - 11:30 am	<b>GIRLS</b> Swim Instruction 4:45 - 5:30 pm	<b>WOMEN</b> Open Lap Swim 11:00 - 11:30 am		Small Pool Hours <b>WOMEN</b> Monday Wednesday Thursday 9:00 - 11:15am Tuesday & Thursday 7:30 - 10:00pm <b>MEN</b> Monday & Wednesday 7:30 - 10:00 pm Sunday Tuesday Friday 8:30 - 10:30am <b>POOL HOURS</b> <b>STRICTLY ENFORCED</b> <b>SUBJECT TO</b> <b>AVAILABILITY OF</b> <b>LIFEGUARDS</b>
<b>GIRLS</b> Open Swim 1:15 - 3:00 pm		<b>GIRLS</b> Open Swim 5:30 - 6:30 pm	<b>WOMEN</b> Swim Instruction 11:30 - 12:00noon	<b>GIRLS</b> Open Swim 5:30 - 6:30 pm	
<b>MOTHER DAUGHTER</b> OPEN SWIM 2:30 - 3:00pm	<b>BOYS</b> Swim Instruction 6:00 - 6:50 pm	<b>HS GIRLS</b> Open Swim 6:30 - 7:30 pm		<b>HS GIRLS</b> Open Swim 6:30 - 7:30 pm	
	<b>BOYS</b> Open Swim 7:00 - 8:00 pm	<b>WOMEN</b> Swim Instruction 7:15 - 8:00 pm	<b>BOYS</b> Open Swim 7:00 - 8:00 pm	<b>WOMEN</b> Open Swim 7:30 - 9:30 pm	
	<b>HS BOYS &amp; MEN</b> Open Swim 7:00 - 10:30 pm	<b>WOMEN</b> Open Swim 7:30 - 9:30 pm	<b>MEN</b> Open Swim 7:00 - 10:30 pm	<b>WOMEN</b> Open Lap Swim 9:30 - 10:45 pm	

## GYM & FITNESS FACILITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEN</b> Open Gym 8:00 - 11:00 am		<b>MEN</b> Fitness Facility 7:30 - 10:30 am		<b>WOMEN</b> Fitness Facility 8:00 - 11:30 am	<b>MEN</b> Fitness Facility 7:30 - 11:00 am
<b>MEN</b> Fitness Facility 7:30 - 11:00 am	<b>WOMEN</b> Fitness Facility 7:30 - 11:30 am	<b>WOMEN &amp; HS GIRLS</b> Exercise Class 7:45 - 8:45 pm Fitness Facility 7:00 - 10:00 pm	<b>WOMEN</b> Fitness Facility 7:30 - 11:30 am	<b>WOMEN &amp; HS GIRLS</b> Exercise Class 7:45 - 8:45 pm Fitness Facility 7:00 - 10:00 pm	
	<b>WOMEN</b> Morning Workout 10:00 - 10:45 am Step Class 11:30 - 12:30 pm		<b>WOMEN</b> Morning Workout 10:00 - 10:45 am Step Class 11:30 - 12:30 pm		
	<b>MEN</b> Fitness Facility 6:00 - 10:00 pm Open Gym 7:00 - 10:30 pm	<b>WOMEN</b> Open Gym 8:30 - 10:30 pm	<b>MEN</b> Fitness Facility 6:00 - 10:30 pm Open Gym 7:00 - 10:30 pm	<b>WOMEN</b> Open Gym 8:30 - 10:30 pm	



# ••• ADULT SPECIAL INTEREST CLASSES •••

## **BASIC DRAWING\***

**CHAVA ROTH**

A workshop exploring the elements of drawing. Learn how an artist views the world and puts it down on paper.

**5TD1** Tuesday, July 2 - August 27 Fee: M-\$120/NM-  
M- \$145 /NM- \$175 (8 Sessions) 10:00 - 12:30 pm

## **OIL PAINTING\***

**CHAVA ROTH**

For all Levels. Work on individual projects, Technics and critiques

**5TD2** Tuesday July 2 - August 27  
Fee: M-\$145/NM-\$175 (8 Sessions) 12:45 - 3:15 pm

## **OIL PAINTING\***

**CHAVA ROTH**

For all Levels. Work on individual projects, Technics and critiques.

**5WD1** Wednesday July 3 - August 28  
Fee: M-\$145/NM-\$175 (8 Sessions) 10:00 - 12:30 pm

## **OIL PAINTING\***

**CHAVA ROTH**

For all Levels. Work on individual projects, Technics and critiques.

**5WD2** Wednesday July 3 - August 28  
Fee: M-\$145/NM-\$175 (8 Sessions) 12:45 - 3:15 pm

## **ART WORKSHOP\***

**CHAVA ROTH**

Basic drawing, water and oils are explored. Media dependent on groups interest.

**5TE1** Wednesday July 3 - August 28  
Fee: M-\$145/NM-\$175 (8 Sessions) 7:00 - 9:30 pm

## **ZUMBA WITH TAMARA**

**5ZU1** Friday 10:00 - 10:45am

June 28 - August 30 • No Class August ???

Fee: M-\$100/NM-\$135

Drop in Class \$15

## **BORO PARK SENIOR CENTER**

Judy Liff, *Director* • Hindy Gertner, *Program Assistant* (718) 435-3804

• Monday thru Friday 9:00 am - 4:30 pm •

For all Community Member 60 and Above

• Classes in Yoga - Chair and Mat • Chair Dancing with Shulamis

• Morning Stretch • Trips and more

*and by the way we have a daily lunch also*

*come in  
and  
join us!*

FUNDED BY NEW YORK CITY DEPARTMENT FOR THE AGING

# CLUB NISSIM

Club Nissim is a Day Program for Holocaust Survivors, and is open for men and women who are Survivors of the Shoah. It meets Monday, Tuesday, Wednesday and Thursday beginning at 10:00 am . Club Nissim was so named by its members in recognition of their miraculous survival, & it is a dynamic program where participants can explore a wide variety of stimulating activities in a cheerful & friendly environment. "The Circle" offers special programs and services for members of Club Nissim members who are in need of additional support and supervision. Limited transportation to and from the Y is available free of charge.

*Visit us, & you will discover many dear, familiar faces! This is also the place to make fresh connections & find new friends! Members are encouraged to browse & select among the many varied activities or to simply drop in for a cup of coffee & a schmooze!*

**SIMONNE HIRSCHHORN**  
*Program Director*

**ESTHER GROSSMAN**  
*Program Assistant*

"Club Nissim" is supported by grants from the Conference on Jewish Material Claims against Germany and the NYC Council Eli Weisel Holocaust Survivor Initiative and UJA/Federation of NY.

*Join Club  
Nissim and  
Get a New  
Lease on  
Life!*

# SWIM INSTRUCTION CLASSES

8 Sessions • Y members only Fee \$95.00 • No Classes during the Nine Days

## WOMEN:

7TE1 Tuesday  
June 25 – August 20  
7:15 – 8:00 pm  
7WD1 Wednesday  
June 26 - August 21  
11:30 – 12:00 noon

## GIRLS:

7GT1 Tuesday  
June 25 – August 20  
4:45- 5:30 pm

## BOYS:

7BW1 Monday  
June 24 – August 19  
6:00- 6:50 pm

## SAUNA, WHIRLPOOL & STEAMROOM

### WOMEN

Monday & Wednesday . . . . .7:30 - 12:00 pm  
Tuesday . . . . .7:30 - 10:00 pm  
Thursday . . . . .8:00 - 11:00 am  
. . . . .7:30 - 10:00 pm

### MEN

Sunday . . . . .7:30 - 11:00 am  
Monday & Wednesday . . . . .6:00 - 10:00 pm  
Tuesday . . . . .7:30 - 10:30 am  
Friday . . . . .7:30 - 11:00 am

## FITNESS FACILITY

### WOMEN

Monday & Wednesday . . . . .8:30 - 11:30 am  
Tuesday & Thursday . . . . .8:15 - 10:00 pm  
Thursday . . . . .8:30 - 11:30 am

### MEN & HS BOYS

Sunday & Friday . . . . .7:30 - 11:00 am  
Tuesday . . . . .7:30 - 10:30 am  
Monday & Wednesday . . . . .7:00 - 10:30 pm

### HS GIRLS

Tuesday & Thursday . . . . .7:00 - 8:00 pm

## AQUADYNAMICS WATER EXERCISE

### WOMEN

Monday & Wednesday 9:30 - 10:15 am  
Tuesday & Thursday 8:30 - 9:00 pm



### UJA/FEDERATION OF NEW YORK

IS A MAJOR CONTRIBUTOR OF THE BORO PARK Y AND OTHER BORO PARK SOCIAL SERVICE AND EDUCATIONAL INSTITUTIONS. YOUR GIFT TO THIS ANNUAL CAMPAIGN MEANS RESPONDING TO JEWISH POVERTY IN NEW YORK, EUROPE AND ISRAEL.

# BUILDING SCHEDULE

Sunday June 23 . . . . .SUMMER SCHEDULE BEGINS  
Wednesday July 4 . . . . .Y Open  
Sunday July 21 the 17th of Tammuz . . . . .Y Closed  
Friday August 2 - 9 . . . . .Nine Days Y Pool closed.  
Gym Fitness facility, Steam Room, Sauna and spa open.  
Sunday August 4 . . . . .Y Closed  
Sunday August 10 . . . . .Tisha B'Av Y Closed  
Monday September 2 . . . . .Labor Day Y Open